

Blessed Maria Helena Stollenwerk
Morning Praise



***“To God the honor,
to my neighbor the benefit,
to myself the burden”***

Creator Spirit... sung

L : Spirit of God, rest as a Tongue of fire upon each of us.

All : Be the power of our words, the warmth of our love, the spark of new life to share in our world.

L: **1 Ant:** *My life is at the service of the Gospel; God has given me this gift of grace. (Alleluia)*

1 : Sing a new song to the Lord; Sing to the Lord, all the world.
Sing and bless the name of the Lord; Proclaim God's salvation,
day after day.

2 : Speak of God's glory among the nations,
Of wonders from God among all peoples.
For the Lord is great, much to be praised,
More fearful than all other gods.

1 : For the nations' gods are worthless things,
But the Lord has made the sky,
Majestic and grand is God's presence;
Strength and splendor are in God's temple.

2 : Give to the Lord, you tribes and peoples,
Give to the Lord glory and strength.
Give the glory the Lord deserves;
Bring a gift and come to God's court.

1 : Bow to the Lord in holy splendor;
Tremble before God, all the world.
Say to the nations, "The Lord will reign,
Establishing lands that never will totter!"

2 : Let sky and earth rejoice and shout;
Thunder you sea and everything in you!
Let the desert and everything in it rejoice;
Let all the trees of the forest sing.

1 : Before the Lord, who comes,
Who comes to rule the world,

2 : Who rules the earth with justice,
Faithfully judging the peoples.

All : Glory to Abba our God, to Christ ...
As it was in the beginning...

All: Ant : *My life is at the service of the Gospel; God has given me this gift of grace. (Alleluia)*

L: **2 Ant:** *With my whole being I worship Christ; I long for Him and desire to be with him forever. (Alleluia)*

1 : O God, my God, I am eager to find you;
My heart is thirsty for you.
In my weakness I yearn for you,
As though in a dry and weary land.

2 : I look in your holy place for you,
To see your strength and glory.
Because your grace is better than life,
My lips will praise you.

1 : As long as I live, I will bless you;
I lift up my hands in your name.
I am filled as though with the finest foods,
And with joyful lips I praise you.

2 : In my bed, remembering you,
I ponder you in the darkness.
It is you who come to my aid;
In the shade of your wings I shout for joy.

1 : My inmost self pursues you,
Your right hand holds me fast.

All : Glory to Abba our God, to Christ ...
As it was in the beginning...

All: Ant: *With my whole being I worship Christ; I long for Him and desire to be with him forever. (Alleluia)*

L : 3 Ant: *The hand of the Lord has given her strength; she will be praised forever. (Alleluia)*

1 : I will bless the Lord at all times;
God's praise will constantly be in my mouth.
My very being exults in the Lord;
The poor will hear and rejoice.

2 : Declare the Lord's greatness with me,
And let us together lift up God's name.
The Lord whom I sought has answered me,
And saved me from all that frightens me.

1 : Look at the Lord, and be radiant!
Do not let your face look ashamed.
Poor as I am, I cried out, and God heard;
The Lord saved me from all that distressed me.

2 : The Lord's messenger camps around us,
And saves all those who fear God.
Taste and see that the Lord is good;
Happy are those whose refuge is God.

1 : Stand in awe of the Lord, holy people;
Those who fear God are never in need.
While even young lions are poor and hungry,
Those who seek God lack nothing good.

2 : Come, children, listen to me;
I will teach you the fear of the Lord:
The eye of the Lord watches over the righteous;
The ears of the Lord hear their cry for help.

1 : God listens when they cry out,
And saves them from every distress.
The Lord is close to the broken-hearted,

And saves the crushed in spirit.

2 : God rescues the righteous;

O Lord, redeem the lives of your servants.

All :Glory to Abba our God, to Christ ...

As it was in the beginning...

All: Ant: *The hand of the Lord has given her strength; she will be praised forever. (Alleluia)*

Reading: Prologue of our Constitutions

Christ has called us to this Congregation. In the power of the Holy Spirit we follow him, praising the Father and bringing the fullness of life to others. Our missionary vocation draws its vitality in our hearts. Individually and as a community we give honor and glory to God, One and Triune, doing all we can to make God known, loved and glorified by all people. Living in a religious-missionary community, we endeavor to make the presence of Divine Lord visible in our life and activity... we become a living symbol of the unity and diversity of the Church.

Response:

L : Joy and gladness fill my heart; the Lord has been good to me.
(Alleluia)

All :Joy and gladness fill my heart; the Lord has been good to me.
(Alleluia)

L : God has looked with favor on this lowly servant.

All :the Lord has been good to me. (Alleluia)

L : Glory to Abba our God, to Christ ...

All :Joy and gladness fill my heart; the Lord has been good to me.
(Alleluia)

Canticle Ant: L : *A woman who honors the Lord deserves to be praised. Show her respect; praise her in public for what she has done. (Alleluia)*

1 : Blessed are You Yahweh, the God of Israel, You have come to
Your people and set them free.
You have raised up for us a mighty Savior, born of the house of
Your servant, David.

2 : You promised through the mouths of your holy prophets from
of old,
That you would save us from our enemies, from the hands of all
who hate us.

1 : You promised to show mercy to our ancestors, and to
remember Your holy covenant.

2 : This was the oath You swore to our ancestor Abraham: to set us
free from the hands of our enemies,
That we may be free to serve You without fear, and be holy and
just in Your sight all our days.

1 : And you, my little child, will be called the prophet of the Most
High; for you will go ahead of the Savior to prepare a straight
path, and to give the people knowledge of salvation through the
forgiveness of their sins,

2 : In the tender compassion of our God, the Dayspring from on
high will visit us to shine on those who dwell in darkness and in
the shadow dark as death, and to guide our feet into the way of
peace.

All : Glory to Abba our God, to Christ ...
As it was in the beginning...

All: Ant: *A woman who honors the Lord deserves to be praised. Show her respect; praise her in public for what she has done. (Alleluia)*

L : Spirit of God, you called Blessed Maria Helena to a life of dedicated religious missionary service as Co-Foundress of our Congregation. With gratitude we pray through her intercession for all members of our Arnoldus family –

All :That filled with gratitude for our missionary calling we may each continue to use our God-given gifts in building up the Reign of God.

L : You enlighten your Church through the dedicated ministry of holy women and men –

All :help us to reveal your message of love to all the world.

L : You anoint your people and fill them with your Holy Spirit –

All :make us faithful witnesses of the Gospel, that, enlightened by faith, our lives, today and always, may recognize the needs of others and give us the courage to care and to help in times of need.

L : Jesus spent His life to bring the Good News to the poor –

All :we pray for more laborers to carry your message to the ends of the earth.

L : Let us pray with confidence as Jesus taught us:

All :Our Abba in Heaven, may Your name be held holy. May Your Reign come; May Your will be done on earth as it is in Heaven. Give us this day the bread we need; forgive us our debts and sins as we have forgiven those who offender us.

Do not let us enter into temptation, but deliver us from the evil one.

For Yours is the Reign, the power and the glory forever and ever.
Amen.

L : O God,

All :Salvation of all peoples, you have inspired Blessed Maria Helena Stollenwerk to burn with your love, to offer herself as a sacrifice for the propagation of faith. Through her intercession and example inspire your faithful with zealous love so that they may be faithful witnesses of the Gospel to all peoples. Through Christ, our Lord. Amen.



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